



Empowerment Counseling & Psychotherapy Center

Mental Health Services for Children, Adolescents, Adults and Families

www.EmpowermentCPC.com • (866) 754-4973

Journey to Wellness: A support group for Women

Journey to Wellness: A 12-week support group for Women

June 4, 2018 - August 26, 2018 * Monday's 6pm - 7pm

1629 Central Street, Suite 3 * Stoughton, MA 02072

Learn Step-by-step techniques to help you:

- ◆ Handle your mistakes and respond well to criticism.
- ◆ Foster compassion for yourself and others.
- ◆ Set up and achieve goals that will enrich your life.
- ◆ Use visualization for self-acceptance.
- ◆ Build your self-esteem.

Insurance & out of pocket payments are accepted (\$40 per session out of pocket)

Registration is required

Space is limited so reserve your space today!

For more information call (866) 754-4973 or email CLong@EmpowermentCPC.com

Please complete and return registration form below by May 31, 2018

Demographic Information

Name _____

Address _____

Phone _____

Email _____

Methods of Payment

- Check Money Order
- Master Card Visa
- American Express Discover

Name on Card _____

Credit Card # _____

Exp. date Signature _____

Insurance Information

Insurance Carrier: _____

Insurance ID#: _____

Date of Birth: _____

Empowering you to be who you were designed to be.